







Logical Levels	Questions	Focus	Response Model
 <b>1-Environment</b>	Where? When? With whom?	The external context, the people and situations around us.	I operate from my home with graphics on my notebook.
 <b>2- Behavior</b>	What and how am I doing?	Observable actions and reactions.	I analyze charts, follow setups, enter trades, bite my nails, tense muscles, take short breaths, move my legs.
 <b>3- Capabilities</b>	How do I do this?	Skills, strategies, knowledge.	I use Price Action, Smart Money and risk management. I am patient, I follow the evidence of my trading plan.
 <b>4. Crenças e Valores (Beliefs and Values)</b>	Why do I do this? What is important to me?	What motivates or limits; what the person believes to be true.	I believe I can achieve financial freedom through trading. I focus on nailing one solid trade a day – no rush, just my edge!
 <b>5- Identity</b>	Who am I in this context?	Self-image, sense of self.	"I am a disciplined and conscientious trader."
 <b>6- Spirituality / Mission (or Connection to Something Greater)</b>	For what? For whom?	Greater purpose, contribution to the world, meaning of life.	For my comfort and that of the people I love, I want to help others thrive with awareness and emotional balance.

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